

Partners in Treatment & Care

PATIENT & CAREGIVER MEETINGS



Caregiver: Ana-Maria Heffernan

Caregiver: Holly Gainsboro

Management of Symptoms and Side Effects

Healthcare Professionals:

[Chetan Bettegowda, M.D. Ph.D.](#)

Director, Meningioma Center

Associate Professor of Neurosurgery

John Hopkins Medicine

[Gary Gallia, M.D., Ph.D.](#)

Director of the Neurosurgery Skull Base Center

Associate Professor of Neurosurgery

John Hopkins Medicine

Local patients and caregivers share their journey as they are navigating through the process of living with a brain tumor or caring for their loved one who has a brain tumor. A Health Care Professional will then speak to the challenges their patients and loved ones have living with a brain tumor and offer their expertise. This session will give attendees the opportunity to participate in a discussion and relate with other patients and caregivers who are walking through a similar journey. Attendees will have the opportunity to ask questions to the patient, caregiver, and healthcare professional panelists.

11:00 a.m. – 11:30 a.m.

Patient & Caregiver Roundtables

Attendees will have the opportunity to breakout into patient and caregiver roundtables or small discussion groups so that they can share their journey and experiences with each other, offer each other encouragement, and make new connections.

11:30 a.m. – 12:15 p.m.

Lunch, Networking and Resource Fair

(Lunch provided)

12:15 p.m. – 1:00 p.m.

Advancing Brain Tumor Treatments: A Clinical Trial Primer

[Michael Lim M.D.](#)

Johns Hopkins University School of Medicine

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Associate Professor of Neurosurgery, Oncology, Radiation Oncology,
and Institute of NanoBiotechnology
Director of the Brain Tumor Immunotherapy Program
Director of the Metastatic Brain Tumor Center
Director of Brain Tumor Immunotherapy

Clinical trials are essential to the development of new and more effective treatments for brain tumors. It can sometimes be overwhelming to understand what clinical trial options may be available to you. This session will help answer some important and common questions patients often have, including what questions you should ask your doctor before participating in a clinical trial.

1:00 p.m.

Closing Remarks

Emily Lippert
Program Manager
American Brain Tumor Association

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Resource Fair

In addition to the program sessions, we encourage you to visit the resource fair.

- American Brain Tumor Association
- Johns Hopkins Medicine

The American Brain Tumor Association thanks our generous sponsors, funders and supporters who helped make this meeting possible.

Supported in part by:

AbbVie

The Women's Group of the Greens

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Connect with Us

800-886-1281

info@abta.org

CareLine: 800-866-2282

8550 W. Bryn Mawr Ave., Suite 550

Chicago, IL 60631



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[LinkedIn.com/company/american-brain-tumor-association](https://www.linkedin.com/company/american-brain-tumor-association)



Connections: www.inspire.com/groups/american-brain-tumor-association

International Low Grade Glioma Registry

One of the most critical questions in the field of neuro-oncology today is how to best manage and treat low grade glioma (LGG), a malignant tumor of the brain.

To close this knowledge gap, the International Low Grade Glioma Registry has been launched. The purpose of this registry is to discover why some people develop LGG while other people do not.

To participate in the registry or for more information:

- Visit www.abta.org/LGGregistry
- Email the study at glioma@yale.edu
- Or scan the QR on right to learn more



Initial funding for the patient registry was funded in part by the American Brain Tumor Association.

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Founded in 1973, the American Brain Tumor Association (ABTA) was the first national nonprofit advocacy organization dedicated solely to brain tumors. For over 45 years, the ABTA has provided comprehensive resources that support the complex needs of brain tumor patients and caregivers, as well as the critical funding of research in the pursuit of breakthroughs in brain tumor diagnosis, treatment and care.

To learn more, visit www.abta.org. For help, resources or to find out how you can get more involved, call 800-886-ABTA (2282) or email us at info@abta.org.

Our Vision

A future where not one life is lost to a brain tumor.

Our Mission

The mission of the American Brain Tumor Association is to advance the understanding and treatment of brain tumors with the goals of improving, extending and, ultimately, saving the lives of those impacted by a brain tumor diagnosis.

We do this through interactions and engagements with brain tumor patients and their families, collaborations with allied groups and organizations, and the funding of brain tumor research.

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The American Brain Tumor Association is a trusted resource for brain tumor patients, caregivers and health care professionals around the country. From a wide range of publications to webinars and educational programs, our goal is to ensure that you have the tools and information you need. Visit our website at www.abta.org to see a full scope of all that we provide. Our complete line of patient education publications can be downloaded from our website, and hard copies can be requested by calling our CareLine at 800-886-ABTA (2282).

PUBLICATIONS – *most available in English and Spanish*

- About Brain Tumors: A Primer for Patients and Caregivers
- Brain Tumors – A Handbook for the Newly Diagnosed*
- Brain Tumor Dictionary*
- Caregiver Handbook*
- Returning to Work after a Brain Tumor Diagnosis*
- Quick Guide to the Family Medical Leave Act*

Tumor Types:

- Ependymoma
- Glioblastoma and Malignant Astrocytoma
- Medulloblastoma
- Meningioma
- Metastatic Brain Tumors
- Oligodendroglioma and Oligoastrocytoma
- Pituitary Tumors

Treatments:

- Chemotherapy
- Clinical Trials
- Conventional Radiation Therapy
- Proton Therapy
- Stereotactic Radiosurgery*
- Steroids
- Surgery

**These publications are not yet available for download in Spanish.*

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Patient and Caregiver Support

A brain tumor diagnosis can be extremely overwhelming for patients and their loved ones. The ABTA offers support and information about treatments, side effects and the overall progression of the illness.

- The **ABTA toll-free CareLine** 1-800-886-ABTA (2282) and email (ABTACares@abta.org) are staffed by caring professionals who are available Monday - Friday, 8:30 a.m. – 5:00 p.m. CT to help connect patients and caregivers with information and resources that can help support them on their brain tumor journey.
- **ABTA Connections** is a 24/7 online support community that links patients, families and friends with each other for support and inspiration.
- **TrialConnect™** is a clinical trial matching service that connects brain tumor patients with appropriate clinical trials based on their tumor type and treatment history.

The ABTA website, www.abta.org, is recognized internationally as a comprehensive and trustworthy source of brain tumor information for patients, families and health care professionals. Here you can find information about:

- Adult and pediatric brain tumors - anatomy, tumor types, diagnosis, treatment and other helpful information
- Information for the newly diagnosed
- Adult and pediatric caregiver resource centers
- Publications related to tumor types and treatment options
- Educational webinars from nationally-recognized health, medical and scientific experts
- Local resources, including support groups and patient education conferences
- Sharing your brain tumor story and registering for communications that will keep you current on research and treatment developments and ABTA programs and services
- Opportunities to connect with the brain tumor community and the ABTA on social media

Partners in Treatment and Care is the ABTA's one day meeting held in communities across the United States. Patients, families and caregivers participate in this free educational meeting to gather the most up-to-date brain tumor information from leading experts and to network with each other.

The ABTA's **National Patient and Family Conference** is held annually in Chicago. This event brings patients, caregivers and health care professionals together to learn about the latest advances in brain tumor research, treatment and care. Visit www.brainumorconference.org to register or for more information.

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American
Brain Tumor
Association®

HOW YOU CAN HELP VOLUNTEER. EDUCATE. FUNDRAISE.



Help advance the understanding and awareness of brain tumors

- Engage with local legislators to advocate on behalf of the brain tumor cause
- Become a social media ambassador. Join the conversation on social media: Facebook.com/theABTA; Twitter.com/theABTA



Connect with those impacted by a brain tumor for peer support and inspiration

- Join our peer mentor program, ABTA CommYOUUnity™ Connect
- Participate in ABTA Connections Online Support Community



Educate and facilitate conversations within the brain tumor community

- Distribute ABTA resources to local health care professionals and support providers
- Facilitate ABTA community-based education meetings and represent the ABTA at health fairs
- Complete ABTA Support Group Facilitator Training and start a local brain tumor support group



Fundraise to provide vital resources to patients and families, and fund critical research studies

- Participate in one of our 5K or Team Breakthrough events across the country
- Host your own fundraising event

Visit www.abta.org/volunteer or email volunteer@abta.org for more information.